

Overnight Gear List

This checklist is for your comfort and safety. As you are packing, keep in mind that the weather on Puget Sound can be very unpredictable. Be prepared for cool, wet weather as well as hot, sunny weather. In summer, daytime temperatures are typically in the 70s to low 80s, with much cooler evenings (50s and 60s are common). That being said, there are warmer spells at times and occasional rain. Layers of warm-when-wet fabrics like wool, polypropylene, and synthetic fleece will help you keep up with the changes in conditions. Expect to get dirty and wet; don't bring anything too elegant, but focus on functional clothing. **You may want to bring less than you think. Afterwards, most people feel they brought too much clothing for the trip.** This gear list is for trips of up to 6 days, so please take into account the length of your trip when packing. Please use a soft pack or duffel bag if you have one available. You will be stowing your bag every day and space is limited.

- Warm coat or jacket
- Rain gear
- 1 wool or fleece sweater
- 2-3 t-shirts or long-sleeved shirts
- 1-2 pairs of long pants
- Wool or synthetic socks (wicking is best—not cotton)
- Underwear
- One set of long underwear or sweats (tops and bottoms— also function as pajamas)
- Closed toed shoes (Closed-toed sport sandals such as Keen's are acceptable, but must have a heel strap— **No flip-flops while underway!**)
- Sleeping bag, outdoor weight
- Small pillow
- Basic toiletries, including towel for 6-day trips
- Warm hat and sunhat
- Water bottle with your name on it
- Medicine/Devices (to be stored and locked when youth aboard)

The following items may be nice to bring, but are optional:

- Bag for dirty laundry and wet clothes
- Journal and writing utensils
- Camera (an inexpensive one is best)
- Gloves for warmth or hauling lines
- Binoculars
- Day pack
- Cloth napkin / hand towel
- Poems or other readings / music to share
- Red flashlight for Anchor Watch

Please DO NOT Bring the following items:

- ⇒ Personal music devices
- ⇒ Personal communication devices: *Phones may be stowed or used for taking pictures.*
- ⇒ Digital game or web devices
- ⇒ Drugs or alcohol
- ⇒ Weapons
- ⇒ Cigarettes: *Smoking is not permitted on the vessel.*
- ⇒ Candy, gum, or personal snacks
- ⇒ Any electrical devices such as hair dryers or electric shavers. CPAP OK.