

SOUND EXPLORATIONS

EDUCATOR PACKET

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WELCOME!

Sound Experience welcomes you to the historic schooner *Adventuress* for a voyage of exploration on Puget Sound. Thank you for choosing this memorable learning experience. Our staff looks forward to sailing with your group.

Mission

Sound Experience sails the historic schooner *Adventuress* to educate, inspire, and empower an inclusive community that works to improve our marine environment and celebrates our maritime heritage.

Vision

We envision a future where everyone values Puget Sound/Salish Sea and the world's oceans and chooses to act as stewards of their treasured waters.

Values

- Transformative Education - changing our youth, our communities, and our world
- Learning Organization - evolving for and with our people
- Living Sustainably - acting for our waterways
- Partnering - sharing our collective strengths
- Integrity - doing the right thing
- All Are Welcome





A LETTER FROM US

Dear Educator,

Thank you for choosing Sound Experience for a fun and exciting, hands on learning experience aboard *Adventuress* for your group! This is an active learning and working voyage designed to compliment the curriculum in your classroom through active learning stations and build community through experiential programming aboard the schooner *Adventuress*. This pre-trip packet contains important information about your upcoming voyage. Please read it over thoroughly and utilize the checklist to ensure all required documents are turned in prior to the trip. Additionally we have included a link to supplemental information that covers more in depth information regarding the learning stations, the history and information about the ship, required paperwork, and reference and resource lists for pre and post trip activities.

The checklist details the steps we will take together to help prepare you and your students for the program. We do our best to tailor the experience, within our ability, to meet the needs of your group. Please do not hesitate to call if you have any questions or concerns.

We look forward to working with you!

Sincerely,



Amy Kovacs

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Please feel free to copy and distribute any portion of this publication to your students and their families.

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Supplemental Information

The below information is accessible via PDF on our website or via links in the pre-trip e-mail.

Curriculum

Sound Experience Lesson Summaries

Pre and Post Trip Activities

Activity List

Adventuress Sail Plan and Specs

Adventuress History

Sea Shanties



GROUP LEADER CHECKLIST

You will have the choice to have students and parents fill out forms online or use hard copy versions. Please let the Education Coordinator know ASAP which you have chosen. Also, please make sure that all forms are turned in by the date on your email, approximately 2 weeks prior to your trip. If you have any questions, please don't hesitate to ask!

→ For Teacher/Group Leaders:

- Received and responded to Pre-Trip email from Sound Experience
- Send parents registration link
- Complete teacher online registration that includes:
 - Family Household form*
 - Release form*
 - Medical Health History form*
 - Getting to know your Group form*
 - Watch List*
- Check in with Sound Experience about registrations at least once a week
- Remind parents who have not yet registered
- Complete Pre-Trip Evaluation (Post-Trip Evaluation link will be sent to you after your trip)
- Plan follow up meeting/phone call with Sound Experience regarding goals and logistics

→ To share with student and parent/guardian 1 month prior to your trip:

- Overnight Participant Booklet (attached in email)
- Online link or hard copy of Parent/Guardian forms:
 - Release Agreement*
 - Medical Health History form*
 - Getting to Know You (filled out by student)
 - Getting to Know Your Child (filled out by parent/guardian)

→ Please bring the following with you the day of your trip:

- Participant Demographics form (included towards end of packet)
- Student Medications clearly labeled and in original containers, to be distributed by shipboard medical officer or teacher.

**These forms are mandatory. Participants who do not have these signed by a parent or guardian when embarking the boat will not be able to sail.*



RULES & GUIDELINES

Safety is always our highest priority! In our 25 years of educational sailing programs, Sound Experience has provided safe field trips for more than 60,000 participants. The following is an outline of safety policies and procedures aboard *Adventuress*.

Adventuress is annually inspected by the U.S. Coast Guard to make sure she's in safe operating condition and able to provide safe programs for participants of all ages. Our Captain and First Mate are licensed by the Coast Guard, and all of our staff are trained to prevent accidents and to respond in the event of an emergency. As a participant, you will play an important role in making the ship a safe environment: keeping safety in mind at all times, being aware of the hazards of the ship's environment, and taking precautions to be sure no accidents happen.

Here is a partial list of rules that all participants and crew must follow while on board. Each trip begins with a safety orientation which will explain procedures in more detail.

- 1 The Captain is in charge of all matters aboard the ship.
- 2 Do not climb in the rigging or on the lifelines unless instructed to do so by a crew member.
- 3 You must wear a life vest whenever you are forward of the lifelines, on the main boom, or in one of the small boats.
- 4 Tuck in any loose clothing, remove dangling jewelry, and tie up long hair to prevent getting caught in the ship's rigging.
- 5 Use the handrails and face the ladders when going up or down.
- 6 Listen carefully to instructions—questions are encouraged!
- 7 Keep hands, hair, and clothing away from blocks and belaying pins.
- 8 Never handle a line unless you are instructed to do so. Always assess the load before you handle a line.
- 9 Alcoholic beverages and illegal drugs are not allowed on board under any circumstances.
- 10 Closed toed shoes are required on deck at all times.

Safety Procedures during Sound Explorations Voyages

When students arrive at the marina, and before they step on the dock, they are met by crew who lead them with their gear down to the boat. Once all gear is safely loaded, students will be invited aboard and will meet at the stern for a welcome and introduction circle.

At the end of the introduction circle, the Captain, the Mate and the Program Coordinator will address the whole group and share Sound Experience's priorities:

- 1 Safety
- 2 Learning
- 3 Having Fun



The Captain then discusses basic safety protocols, delineates the off-limits areas of the vessel, answers questions, and demonstrates the proper way to wear a lifejacket.

We motor and sail during the program. The vessel motors when leaving and returning to the dock and at any other time the Captain determines it is prudent to do so. When under sail with youth groups, the Captain determines how many of the four working sails the ship will set. This decision varies from day to day and program to program and is based on weather conditions, vessel traffic in the area, and program goals. *Adventuress* is always operated in a safe manner.

Once underway, students will go through a more extensive shipboard orientation with their watch leaders, including a below-decks orientation, an on-deck orientation, and an introduction to line handling. Students must undergo line handling training prior to handling any lines on belay pins.

For more information or clarification of our safety procedures, please call the Sound Experience office at (360) 379-0438. If you would like to speak with teachers or administrators from other groups that have participated in our programs, we will be happy to give you their names. By far, the best way to understand the quality of our program and our commitment to safety is to personally join us and observe a program. There is a guest space available on most programs—please call the office to reserve a space.



SAFETY OVERVIEW

Page 2 of 3

Staff to Participant Ratio

Our low student to crew ratio (6:1 or higher) ensures that students remain under constant supervision at all times during the course of the programs. Our crew have been trained in a variety of techniques to work with conflict that might arise, but will also rely on the Trip Leader and Captain for additional support and communication during any participant conflict.

Our Crew

Sound Experience crew consists of a Captain, First Mate, Program Coordinator, at least six environmental Educators, Engineer, and Galley Coordinator. Each crew member is selected on the basis of environmental and marine science background, ability to teach and work with youth, ability to supervise, and sailing skill. Every crew member is required to have current First Aid and CPR or greater certification. Before participating in programs aboard the ship, crew members complete extensive training designed for safety and operation of the ship as well as program implementation. More important than any of the quantifiable criteria is our requirement that the crew be mature, responsible, and able to provide a safe, enjoyable learning experience for your students. The Captain and First Mate are primarily responsible for the safe operation of the vessel. The Program Coordinator organizes what happens during the trip and makes learning opportunities available to you. In the galley, the Galley Coordinator works together with Watches to provide delicious meals day in and day out. Each Watch has two Watch Leaders who teach the group about sailing and environmental topics. Any crew member will help you if you have a question or a problem—and if they don't have the answer, they'll help you track it down. There are approximately 12 crew aboard for each trip.

Teacher Expectations while on Board the Ship

Because of your familiarity with the students, we ask that your team monitors the participants' behavior. If a participant repeatedly behaves inappropriately or interferes with other students' learning, you will be asked to help the participant resolve their situation. The participant will be welcome to rejoin their group when you think it is appropriate for them to do so. If you are the Trip Lead for your group, you will be working closely with the Program Coordinator, the Chief Mate and the Captain, throughout the trip, to make sure the groups goals and needs are getting met. Feel free to go to them with any questions, concerns or comments.



SAFETY OVERVIEW

Page 3 of 3

Emergencies

All of our crew are trained and certified in First Aid and CPR. In addition, several crew are trained in emergency response and remote medicine. The ship is close to onshore emergency facilities by rescue boat or the Coast Guard. Medication brought to the ship must be clearly labeled with participants' full name and dosage. For youth trips, all medications will be kept and distributed by the Medical Officer aboard. Vaccinations are not required, but information is important to medical providers if you can offer it.

Emergency Contact

If a family member must contact the ship in case of an emergency, we recommend calling the office first at (360) 379-0438, ext 1. Our office is staffed Monday through Friday, from 9:30am to 4:30pm PDT. If the message is urgent and you are calling after office hours, you may contact Executive Director Catherine Collins at (206) 353-6119. We can relay emergency messages to the ship as necessary.

Lost and Found

Items left on the ship are returned to the office on a regular basis. Please note that if you leave something on board, it may not be brought to our attention until two or three weeks after your trip. Call the office and let us know if you think you've left something behind, and we'll do our best to find it. We do require reimbursement for all postage needed to mail items back to the owner. Any usable items that are not claimed after two months are donated to local charities.





WHAT TO EXPECT

Page 1 of 2

When you Arrive

When you arrive at your scheduled port, you will be greeted by the ship's Program Coordinator and crew. If students need to use restroom facilities, please let the Program Coordinator know and they will direct you to them. The Program Coordinator and crew will help facilitate the boarding process for your group and their gear. Please support the instructions of the Program Coordinator and the crew. Be sure to check in with the Program Coordinator if there has been any new information or requests or to turn in any additional paperwork. The Captain, the Mate and the Program Coordinator will work together with the crew to facilitate your groups' experience over the duration of the trip. Please feel free to speak with them if you have any questions or concerns.



Student Expectations while on board the Ship

Sound Experience expects that all participants will come prepared to put forth their best effort, try new activities, work as a part of the group, and follow instructions, especially where safety is concerned. Students are required to fill out a code of conduct when they register. A copy of this can be found in the Supplemental Information. If any issues arise we will have a meeting with the student, Captain and Trip Leader to discuss next steps.

Chaperone Expectations while on board the Ship

Chaperone involvement is important in encouraging the group to fully participate. Chaperones are active members of the group on board. Their main role will be to support the crew and students in the Watch they are assigned to. They will help with student safety, and encourage group participation. Please make sure chaperones register as a "Chaperone" via the online system. They will be sent to a Chaperone Letter when they register (A copy of this is provided in the supplemental information). The Program Coordinator will also meet with them once they arrive to the ship.

Questions?

Please contact the Education Coordinator prior to your trip if you would like more information or have any questions about your voyage. We love to hear from participants and would be glad to help if you have any questions or concerns. You can also visit our website at www.soundexp.org for more information and for short biographies of the crew you will be working with during your voyage.



WHAT TO EXPECT

Page 2 of 2

Life aboard the Ship

Adventuress is a tall ship, but she's a small space for many people to live together. This living situation requires everyone to be flexible, considerate, and cooperative so that we can create a comfortable community aboard.

Watches

A Watch is a small group made up of students, chaperones and two crew members. There are typically 3 Watches depending on the size of the group. The Watches will work together and rotate through the activities, and duties on board the vessel. This helps us build small group rapport, and have more focused attention in the learning stations. As the trip lead, you will choose which students and chaperones will be assigned to which Watch. When assigning students, please be mindful of student dynamics and plan accordingly.

In addition to sailing, and our focused learning stations, students will take part in whole group activities such as Evening Program, Anchor Watch and challenge by choice activities.

Evening Program typically includes a time for reports (Captains, Naturalist and Resource - Galley & Engineer - Report) and a game, skit or activity.

Anchor Watch is held each night while at anchor to help keep the ship and her company safe. Each student will stand a 1 hour watch with a crew member and another student/chaperone. More details will be given the first night of the trip during Evening Program.

Challenge by Choice Activities are types of activities where students and chaperones can choose their level of engagement dependent on their comfort levels with the activity. A crew member will review this as moving into different zones, comfort, challenge and danger. Specific activities could include but are not limited to, climbing the rigging, rowing in a small boat, or going out on the bowsprit.



ACCOMMODATIONS

Sleeping

The sleeping accommodations are dormitory style, with bunks arranged in tiers in the foc'sle and main cabin. For our intergenerational and adult trips, families can choose to sleep together in the same cabin as space allows. For trips with youth under age 18, sleeping arrangements are based on the gender identification of the youth, with male and female cabins as the available options. Participants determine the cabin that is best suited to them. If you would like to have your group choose the bunks prior to coming aboard the ship please let the Education Coordinator know. In the morning and during preparation for "lights out" in the evening, there will be a curtained off changing area where all participants will be able to change privately. The bunks have foam mattresses, but we ask you to bring a sleeping bag and small pillow.



Gear Stowage

Each space aboard the ship has many different uses. For example, the main cabin is a sleeping space during the night but also acts as a meeting and eating space during the day. Because of this we are strategic about gear stowage. During the day all belongings are stowed on the top bunk, during the night your belongings can either be stacked in a few designated space or stowed at the foot of your bunk. To help allow for easy transitions and allow you easier access to your belongings we highly suggest bringing your belongings in a soft sided bag, like a duffel bag (rather than a rolling suite case for example). There is also limited gear stowage so please only pack what you need and do your best to fit everything in one or two bags.

Bathroom Facilities

There are three heads (marine toilets) that are located in the passageway between the main cabin and the foc'sle. Each head has a toilet and a sink. They work a little differently than regular toilets, the crew will help everyone to learn how to use them and is always happy to answer any questions. There are no showers on board the ship.

Because there are only three heads on board and many people, we ask that people do not change clothes in the heads. We do have changing curtains that are hung by crew members each morning and each night to allow for privacy while changing. You can also change clothes in your sleeping bag. It is also an expectation of all people on board to turn their back to allow for more privacy if people want to change in the open.



THE GALLEY

The menu aboard *Adventuress* is wholesome, varied, and family style. **We serve only vegetarian food due to the nature of our galley, which has limited coldstorage space.** Eating lower on the food chain is also consistent with our mission. We are also able to turn our food waste into compost for local farms.

Typical breakfasts include such fare as oatmeal, granola, eggs, and breakfast burritos. Lunches are often soup, sandwiches, and salad. Dinners may be casseroles with salads or vegetables. Besides breakfast, lunch, and dinner, there's usually an afternoon snack, as well as additional snack food available upon request from your Watch Leader or the Galley Coordinator.

Please let us know in advance concerning any special dietary restrictions so that we can pass this information on to our Galley Coordinator with plenty of time for menu planning and food purchasing. Although we can accommodate many dietary needs by providing vegetarian, non-dairy, gluten-free, and low-salt options, some food allergies are difficult to accommodate aboard a ship, and we cannot make absolute guarantees. We ask that parents not send additional snacks with their children.

Please contact the office if you have concerns or special dietary requests. We are happy to discuss possible options with you.



Photos: Elizabeth Becker

What we need from you & your group:

- 1 Make sure parents fill out dietary restrictions, allergies and medical information. The more detailed the better
- 2 We will get in touch with parents/families for further questions regarding any dietary needs



OVERNIGHT GEAR LIST

This checklist is for your comfort and safety. As you are packing, keep in mind that the weather on Puget Sound can be very unpredictable. Be prepared for cool, wet weather as well as hot, sunny weather. In summer, daytime temperatures are typically in the 70s to low 80s, with much cooler evenings (50s and 60s are common). That being said, there are warmer spells at times and occasional rain. Layers of warm-when-wet fabrics like wool, polypropylene, and synthetic fleece will help you keep up with the changes in conditions. Expect to get dirty and wet; don't bring anything too elegant, but focus on functional clothing. **You may want to bring less than you think. Afterwards, most people feel they brought too much clothing for the trip.** This gear list is for trips of up to 6 days, so please take into account the length of your trip when packing. Please use a soft pack or duffel bag if you have one available. You will be stowing your bag every day and space is limited.

- Underwear
- Wool or synthetic socks (wicking is best, not cotton)
- One set of long underwear or sweats (tops and bottoms - also function as pajamas)
- 2-3 t-shirts or long-sleeved shirts
- Extra pair of long pants
- 1 wool or fleece sweater
- Warm coat or jacket
- Rain gear
- Closed-toed shoes (closed-toed sport sandals such as Keen's are acceptable, but must have a heel strap - **No flip-flops while underway!**)
- Warm hat and sunhat
- Gloves for warmth
- Basic toiletries (there are no showers aboard)
- Sleeping bag, outdoor weight
- Small pillow
- Water bottle with your name on it
- Medicine/Devices (to be stored and locked when youth aboard)

Please do NOT bring:

- Personal music devices
- Personal communication devices: *Phones may be stowed or used for taking pictures*
- Personal digital game or web devices
- Drugs or alcohol
- Weapons
- Cigarettes, legal smoking devices: *Smoking in any form is not permitted on the vessel*
- Candy, gum, or personal snacks
- Any electrical devices such as hair dryers or electric shavers. CPAP okay.

The following items may be nice to bring, but are optional:

- Bag for dirty laundry and wet clothes
- Journal and pen
- Camera (an inexpensive one is best)
- Binoculars
- Day pack
- Cloth napkin/hand towel
- Poems or other readings/music to share
- Red flashlight for anchor watch



SOUND EXPLORATION PROGRAM THEMES

Sound Experience offers three theme options for your trip. Each has a specific selection of teaching stations and activities that compliment each other to create a cohesive learning experience. In the “Getting to Know your Group” online form, you will choose one of the themes for your program.

1 Emerging Issues in the Salish Sea

Identify major environmental issues of the region and learn how we as a community can have an impact.

Learning Stations:

Plankton, Life Aboard Ship, Marine Debris, Nautical Skills, Ocean Acidification

Possible Activities:

Marine Life, Microplastics research, Beach Clean Up/Restoration Project (4+ day trip)

2 Marine Trades

Learn about the importance of the marine trade industry and its impact in our region.

Learning Stations:

Life Aboard Ship, Marine Debris, Nautical Skills, Ocean Acidification, Mechanical Advantage

Possible Activities:

Build a Boat to Float, Engineering Project

3 Marine Ecology

Discover a deeper understanding of the Salish Sea and its inhabitants.

Learning Stations:

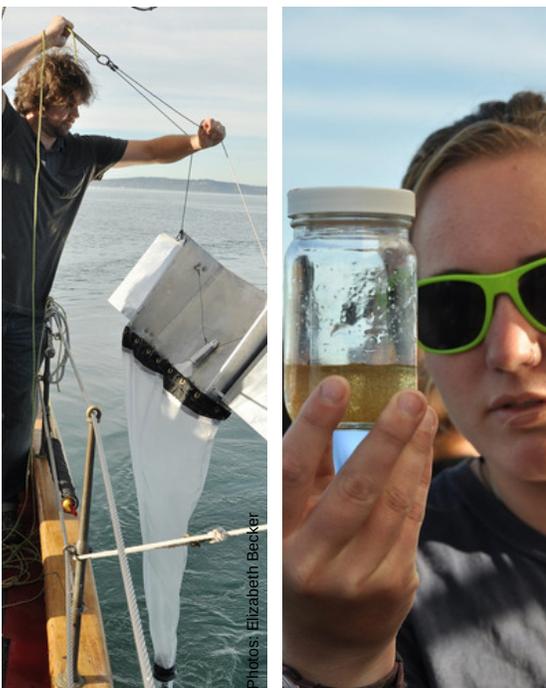
Plankton, Marine Life, Life Aboard Ship, Nautical Skills, Ocean Acidification

Possible Activities:

Plankton Races, Shore Hike (4+ day trip)



Photo: Marsha Dickerson



Photos: Elizabeth Becker



CURRICULUM OVERVIEW

Sound Explorations programs are designed to educate students about the wonders of Puget Sound and ways they can help protect it. Our innovative, hands-on teaching strategies, conducted under sail on the waters of Puget Sound stimulate students to learn by making science real, accessible, and exciting. The Sound Explorations program helps satisfy Washington State Essential Academic Learning Requirements.

Sound Experience uses a variety of developmentally appropriate strategies to meet the diverse learning needs of our participants. Within an experiential framework, Sound Experience utilizes hands-on learning, critical thinking skills, and large and small group interactions.

During the program, students work cooperatively to set Adventuress' sails and navigate the ship through Puget Sound waters. Students rotate through learning stations that may include Marine Life, Plankton, Navigation, Nautical Skills and more. The following information outlines the trip theme options as well as the goals and activities on which we base our teaching stations. This information will assist you in integrating the Sound Exploration Program into your classroom curriculum.

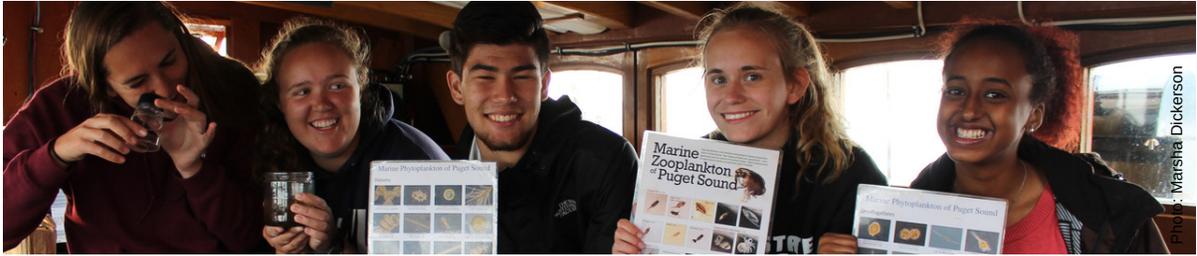
Key concepts that are woven through the stations incorporate the seven Ocean Literacy Principles and include habitat, adaptations, resource management, food chains, cooperation and human impact. For more information about Ocean Literacy go here: <http://oceanliteracy.wp2.coexploration.org/>



You will be able to choose your curriculum theme and goals when filling out the online “Getting to Know Your Group” form. Additional details can be discussed with the Education Coordinator.



GOALS FOR STUDENT LEARNING & ACTIVITIES



Environmental Understanding

- Identify where their home is in relation to the ship on Puget Sound by using charts and navigation tools.
- Research an aspect of Puget Sound Ecology to present to the group using on-board resources (books, guides, crew interviews, data collection using observation tools)
- Participate in hands-on activities, games, observation and discussions around the topics of: watersheds, ocean/estuarine features, marine foods webs, human impact on the environment, biodiversity, marine animal (mammals, invertebrates, birds) ecology, natural history, climate and habitat.
- Have a positive, direct, and prolonged on-the-water experience sailing aboard Adventuress on Puget Sound.

Leadership

- Come up with a personal or small group project they can present during an evening program based upon some thing they have learned during the trip.
- Identify personal and group learning goals and objectives and actively work toward them.
- Engage in community building activities, including singing, skits, and group presentations.
- Participate in setting sails, taking the helm, and community duties (evening program entertainment)

Stewardship

- Take the time to get to know the members of their Watch and the whole crew and how each contributes to collective goals.
- Monitor the daily use of resources aboard the ship and present them to the group.
- Participate in daily stewardship duties (chores, dishes, meal prep, etc.).
- Learn something of the cultural and maritime history of the area as it relates to natural resources (consumption, trade, transport, conservation, etc.)
- Stand at least one hour of anchor watch.
- Live in close proximity to others.
- Reflect on the needs of others and engage in care of those needs.

Dear Parent/Guardian,

Your child's class will be joining Sound Experience for an exciting, informative and fun learning experience on Puget Sound. Sound Explorations programs are marine/environmental education overnight field trips which involve hands-on exploration of Puget Sound from the deck of a 133-foot sailing vessel.



Sound Experience shares with you the goal of a safe, enjoyable education experience for your child. Our ship, the historic schooner *Adventuress*, is large, stable and certified by the US Coast Guard to carry passengers. *Adventuress* meets or exceeds all applicable Coast Guard and FCC regulations, is inspected annually for safety by the Coast Guard, and carries all required safety equipment, including life jackets for all participants. Sound Experience crew are fully trained in safety procedures. *Adventuress* carries full liability insurance for all participants while on board the vessel and additionally insures the school as well.

What we ask of you:

Please read through the overnight packet provided for each student. This will give detailed information about the trip and how to help prepare your child. Please read, sign, and return the required forms as directed by the teacher. These will either be given to you via an online link or in hard copy form. The required forms are as follows:

- Sound Experience Release Agreement
- Medical Health History (please be sure to note food allergies)
- Getting to Know Your Child
- Code of Conduct form

In addition, please assist your child in preparing for their trip by reviewing the gear list. If your child has medication, please ensure that they give them to their teacher, well labeled with instructions and in original containers.

The Sound Explorations program is a special opportunity for your child to have an on-the-water experience that will enhance the classroom curriculum, help them develop an appreciation and better understanding of the Puget Sound ecosystem and enthusiasm for science as a subject area of great importance and fun. All of us at Sound Experience look forward to your child's class joining us. If you have any concerns or questions, please contact your child's teacher/group leader or our office.

Come sailing again!

Sound Experience is a membership supported organization. Members can sail for free on up to four of our Public Sails, bring guests on at a discount, and receive discounts on most of our summer overnight voyages. With your membership dues, you can help us protect Puget Sound through education and preserve our maritime heritage. Memberships help offset program costs, enabling us to offer educational experiences to Puget Sound youth and adults. For more information visit www.soundexp.org.

Sincerely,

Amy Kovacs

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amy@soundexp.org



Jenny Smith

Education Coordinator
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(360) 379-0438, ext. 6
jenny@soundexp.org



Dear Group Chaperone,

We are pleased you will be joining Sound Experience for a voyage of discovery on Puget Sound aboard the schooner *Adventuress*. It is our hope to provide an enjoyable, memorable and educational experience for all. Adult chaperones have many options throughout the program. It is our intent to involve you and to help you feel a part of the program, so come prepared to hoist sails and get your feet wet!



The Sound Explorations program is presented in a Watch format. Students are typically divided into three smaller watches, each led by two of our crew members. Together the students and crew learn and perform daily ship duties, learn and assist in safely sailing the vessel, become engaged in the environmental education curriculum, and enjoy life aboard the ship.

Ways for you to participate during the program:

- 1 Join a group:** Spend each day with the students as they experience the wonders of Puget Sound. However, we ask that you refrain from answering questions addressed to students.
- 2 Assist with sail handling:** The crew would be glad to share their knowledge of the ship and sailing in exchange for your help in trimming the sails.
- 3 Relax:** Perhaps you would most enjoy a chance to experience the beauty of Puget Sound from your own quiet corner of the ship.

Ways you can be helpful to our staff and your group leader:

- 1 Crowd Control:** There are several times during the program when one person is making a presentation to the entire group. That person would greatly appreciate any assistance you can provide in helping the students around you to stay focused. If a student near you is having trouble paying attention, a tap on the shoulder or a shake of your head would be a big help.
- 2 Role Model:** Listen to the Captain's safety talk and participate in shipboard orientation, making sure what you do follows those guidelines. We realize that you may be familiar with boats and with a different way of doing things, but it really helps to avoid confusion with the students if they see you follow *Adventuress'* guidelines.
- 3 Feedback:** We are very interested in what you think about our program. We would love to hear any thoughts you have about the students' experience, your own experience and any suggestions you may have on how we can make the program better.

We hope that you have an enjoyable experience with us. Our crew looks forward to meeting you on the ship. Please do not hesitate to call if you have any questions or concerns.

Sincerely,

Amy Kovacs

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