



SOUND STUDIES

EDUCATOR PACKET

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WELCOME!

Sound Experience welcomes you to the historic schooner *Adventuress* for a voyage of exploration on Puget Sound. Thank you for choosing this memorable learning experience. Our staff looks forward to sailing with your group.

Mission

Sound Experience sails the historic schooner *Adventuress* to educate, inspire, and empower an inclusive community that works to improve our marine environment and celebrates our maritime heritage.

Vision

We envision a future where everyone values Puget Sound/Salish Sea and the world's oceans and chooses to act as stewards of their treasured waters.

Values

- Transformative Education - changing our youth, our communities, and our world
- Learning Organization - evolving for and with our people
- Living Sustainably - acting for our waterways
- Partnering - sharing our collective strengths
- Integrity - doing the right thing
- All Are Welcome





A LETTER FROM US

Dear Educator,

Thank you for choosing to join Sound Experience for a fun and exciting, hands-on learning experience aboard *Adventuress*! We are sure that your experience with us will be as good as you hoped and expected. Please encourage all adults to take part in the program while on-board. You could observe learning stations, join in singing, or take part in discussions. Educator/chaperone involvement is important in encouraging the group to fully participate. We all play integral roles aboard the ship as role models and partners in educating our youth.

Because of your familiarity with the students, we ask that your team monitors the participants' behavior. If a participant repeatedly behaves inappropriately or interferes with other students' learning, you will be asked to help the participant resolve their situation. The participant will be welcome to rejoin their group when you think it is appropriate for them to do so.

This pre-trip packet contains important information about your upcoming voyage aboard *Adventuress*. This includes a group leader checklist and a safety overview. There is also a Supplemental Information Packet on our website that includes history of the ship, shanties to learn with your students and a more detailed look into our learning stations.

I will contact you approximately one to two weeks before your trip to cover any last minute details and gather any information about your group and program interests relevant to this trip. We do our best to tailor the experience within what our crew are able to provide. Please do not hesitate to call if you have any questions or concerns.

Sincerely,



Amy Kovacs

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Sound Experience

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Please feel free to copy and distribute any portion of this publication to your students and their families.

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Supplemental Information

The below information is accessible via PDF on our website or via links in the pre-trip e-mail.

Curriculum

Sound Experience Lesson Summaries

Pre and Post Trip Activities

Activity List

Adventuress Sail Plan and Specs

Adventuress History

Sea Shanties



GROUP LEADER CHECKLIST

The following is a checklist to help you and your students prepare for your upcoming Sound Studies Program. Please make sure that all forms are turned in by the date on your email, approximately 2 weeks prior to your trip. If you have any questions, please don't hesitate to ask!

→ For Teacher/Group Leaders:

- Received and responded to Pre-Trip email from Sound Experience
- Complete teacher online registration that includes:
 - Release form*
 - Getting to know your Group form*
 - Watch List*
- Complete Pre-Trip Evaluation (Post-Trip Evaluation link will be sent to you after your trip)
- Plan follow up meeting/phone call with Sound Experience regarding goals and logistics

→ To share with student and parent/guardian 1 month prior to your trip:

- Release Agreement*
- What to Wear and Bring
- Parent Letter
- Chaperone Letter

→ Please bring the following with you the day of your trip:

- Watch List with students divided into 5 Watches
- Name tags on students
- All signed release forms for students, parents and teachers attending sail
- Participant Demographics form (included towards end of packet)

→ Arrival Logistics:

- Plan to arrive 20-25 minutes before scheduled program time.** This gives us a chance to let everyone use the restrooms on shore, get students appropriately dressed, meet crew, learn expectations and load gear onto the ship. Your program start time is the time we would like the ship to leave the dock. We would like your group to be able to spend the full program time exploring the wonders of Puget Sound
- Please have your group wait on shore at the top of the dock.** Our crew will arrive to greet you about 15 minutes before your sail, assist with preparations, conduct an orientation and escort you to *Adventuress*.
- Participants need to bring warm clothes and rain gear, no matter what the weather looks like.** The weather changes quickly on the Sound and is always colder than on land. We have extra rain gear on the ship if needed.

**These forms are mandatory. Participants who do not have these signed by a parent or guardian when embarking the boat will not be able to sail.*



WHAT TO WEAR AND BRING

It is not necessary for students to buy these items. We have extra rain gear. Please let us know if anyone in your group needs to borrow any gear. When preparing for your trip, remember that it is often 10 degrees cooler on the water, and the sun's effects are magnified due to reflection, even on cloudy days. This is a hands-on program, so wear and bring clothes you don't mind getting dirty.

- Warm coat
- Sweater and/or sweatshirt
- Long-sleeved shirt
- Long pants
- Pair(s) of warm socks
- Soft-soled, closed-toed shoes (tennis shoes or hiking boots)
- Warm hat that covers your ears
- Waterproof rain gear (regardless of weather predictions)
 - Rain coat, with hood or rain hat
 - Rain pants
- Sun block (it is preferred that sun block is administered prior to boarding)
- Water bottle with your name on it
- Bag or knapsack for the above items

Food

On five-hour programs only, bring bag lunches – they will be eaten midprogram. On three-hour programs, we suggest you bring lunches and eat them on shore prior to or after your program. Please inform our office if there are any food allergies in your group that we can prepare for on the ship.

We encourage you to use recyclable materials in packing your lunch. We sometimes catch bottles, cans, plastic wrappers, and other trash in our nets. You can help reduce that litter by re-using containers and recycling your trash.

Please do NOT bring:

- Personal music devices
- Personal communication devices: *Phones may be stowed or used for taking pictures*
- Personal digital game or web devices
- Drugs or alcohol
- Weapons
- Cigarettes, legal smoking devices: *Smoking in any form is not permitted on the vessel*
- Candy or gum: *It inevitably ends up on the deck and is very difficult to remove*



RULES & GUIDELINES

Safety is always our highest priority! In our 25 years of educational sailing programs, Sound Experience has provided safe field trips for more than 60,000 participants. The following is an outline of safety policies and procedures aboard *Adventuress*.

Adventuress is annually inspected by the U.S. Coast Guard to make sure she's in safe operating condition and able to provide safe programs for participants of all ages. Our Captain and First Mate are licensed by the Coast Guard, and all of our staff are trained to prevent accidents and to respond in the event of an emergency. As a participant, you will play an important role in making the ship a safe environment: keeping safety in mind at all times, being aware of the hazards of the ship's environment, and taking precautions to be sure no accidents happen.

Here is a partial list of rules that all participants and crew must follow while on board. Each trip begins with a safety orientation which will explain procedures in more detail.

- 1 The Captain is in charge of all matters aboard the ship.
- 2 Do not climb in the rigging or on the lifelines unless instructed to do so by a crew member.
- 3 You must wear a life vest whenever you are forward of the lifelines, on the main boom, or in one of the small boats.
- 4 Tuck in any loose clothing, remove dangling jewelry, and tie up long hair to prevent getting caught in the ship's rigging.
- 5 Use the handrails and face the ladders when going up or down.
- 6 Listen carefully to instructions—questions are encouraged!
- 7 Keep hands, hair, and clothing away from blocks and belaying pins.
- 8 Never handle a line unless you are instructed to do so. Always assess the load before you handle a line.
- 9 Alcoholic beverages and illegal drugs are not allowed on board under any circumstances.
- 10 Closed toed shoes are required on deck at all times.



SAFETY OVERVIEW

Page 1 of 3

Safety Procedures during Sound Studies Voyages

When students arrive at the marina, and before they step on the dock, they are gathered in a group and given their first welcome and safety orientation. Our Program Coordinator asks the students to adhere to a full value contract (5 finger contract) including safety, respect and having fun.

At the end of this on shore safety orientation, we will divide the group into five small Watches, or groups. Students then make their way to the boat with their crew Watch Leaders. The Mate will greet the group at the ship and will go over a few more safety items before welcoming everyone on board.

Once students are on board the vessel but before the ship leaves the dock, they are addressed by the Captain, who will share Sound Experience's priorities:

- 1 Safety
- 2 Learning
- 3 Having Fun



Photo: Elizabeth Becker

The Captain then discusses basic safety protocols, delineates the off-limits areas of the vessel, answers questions, and demonstrates the proper way to wear a life jacket.

We motor and sail during the program. The vessel motors when leaving and returning to the dock and at any other time the Captain determines it is prudent to do so. When under sail with youth groups, the Captain determines how many of the four working sails the ship will set. This decision varies from program to program and is based on weather conditions, vessel traffic in the area, and program goals. Adventuress is always operated in a safe manner.

For more information or clarification of our safety procedures, please call the Sound Experience office at (360) 379-0438. If you would like to speak with teachers or administrators from other groups that have participated in our programs, we will be happy to give you their names. By far, the best way to understand the quality of our program and our commitment to safety is to personally join us and observe a program. There is a guest space available on most programs—please call the office to reserve a space.



SAFETY OVERVIEW

Page 2 of 3

Staff to Participant Ratio

Our low student to crew ratio (6:1 or higher) ensures that students remain under constant supervision at all times during the course of the programs. Our crew have been trained in a variety of techniques to work with conflict that might arise, but will also rely on the Trip Leader and Captain for additional support and communication during any participant conflict.

Our Crew

Sound Experience crew consists of a Captain, First Mate, Program Coordinator, at least six environmental Educators, Engineer, and Galley Coordinator. Each crew member is selected on the basis of environmental and marine science background, ability to teach and work with youth, ability to supervise, and sailing skill. Every crew member is required to have current First Aid and CPR or greater certification. Before participating in programs aboard the ship, crew members complete extensive training designed for safety and operation of the ship as well as program implementation. More important than any of the quantifiable criteria is our requirement that the crew be mature, responsible, and able to provide a safe, enjoyable learning experience for your students. The Captain and First Mate are primarily responsible for the safe operation of the vessel. The Program Coordinator organizes what happens during the trip and makes learning opportunities available to you. In the galley, the Galley Coordinator works together with Watches to provide delicious meals day in and day out. Any crew member will help you if you have a question or a problem—and if they don't have the answer, they'll help you track it down. There are approximately 12 crew aboard for each trip.

Teacher Expectations while on Board the Ship

Because of your familiarity with the students, we ask that your team monitors the participants' behavior. If a participant repeatedly behaves inappropriately or interferes with other students' learning, you will be asked to help the participant resolve their situation. The participant will be welcome to rejoin their group when you think it is appropriate for them to do so. If you are the Trip Lead for your group, you will be working closely with the Program Coordinator, the Chief Mate and the Captain, throughout the trip, to make sure the groups goals and needs are getting met. Feel free to go to them with any questions, concerns or comments.



SAFETY OVERVIEW

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Emergencies

All of our crew are trained and certified in First Aid and CPR. In addition, several crew are trained in emergency response and remote medicine. The ship is close to onshore emergency facilities by rescue boat or the Coast Guard. Medication brought to the ship must be clearly labeled with participants' full name and dosage. For youth trips, all medications will be kept and distributed by the Medical Officer aboard. Vaccinations are not required, but information is important to medical providers if you can offer it.

Emergency Contact

If a family member must contact the ship in case of an emergency, we recommend calling the office first at (360) 379-0438, ext 1. Our office is staffed Monday through Friday, from 9:30am to 4:30pm PDT. If the message is urgent and you are calling after office hours, you may contact Executive Director Catherine Collins at (206) 353-6119. We can relay emergency messages to the ship as necessary.

Lost and Found

Items left on the ship are returned to the office on a regular basis. Please note that if you leave something on board, it may not be brought to our attention until two or three weeks after your trip. Call the office and let us know if you think you've left something behind, and we'll do our best to find it. We do require reimbursement for all postage needed to mail items back to the owner. Any usable items that are not claimed after two months are donated to local charities.





WHAT TO EXPECT

When you Arrive

When you arrive at your scheduled port, you will be greeted by the ship's Program Coordinator and crew. If students need to use restroom facilities, please let the Program Coordinator know and they will direct you to them. The Program Coordinator and crew will help facilitate the boarding process for your group and their gear. Please support the instructions of the Program Coordinator and the crew. Be sure to check in with the Program Coordinator if there has been any new information or requests or to turn in any additional paperwork. The Captain, the Mate and the Program Coordinator will work together with the crew to facilitate your groups' experience over the duration of the trip. Please feel free to speak with them if you have any questions or concerns.



Student Expectations while on board the Ship

Sound Experience expects that all participants will come prepared to put forth their best effort, try new activities, work as a part of the group, and follow instructions, especially where safety is concerned. Students are required to fill out a code of conduct when they register. A copy of this can be found in the Supplemental Information. If any issues arise we will have a meeting with the student, Captain and Trip Leader to discuss next steps.

Chaperone Expectations while on board the Ship

Chaperone involvement is important in encouraging the group to fully participate. Chaperones are active members of the group on board. Their main role will be to support the crew and students in the Watch they are assigned to. They will help with student safety, and encourage group participation. Please make sure chaperones register as a "Chaperone" via the online system. They will be sent to a Chaperone Letter when they register (A copy of this is provided in the supplemental information). The Program Coordinator will also meet with them once they arrive to the ship.

Questions?

Please contact the Education Coordinator prior to your trip if you would like more information or have any questions about your voyage. We love to hear from participants and would be glad to help if you have any questions or concerns. You can also visit our website at www.soundexp.org for more information and for short biographies of the crew you will be working with during your voyage.



SOUND STUDIES PROGRAM THEMES

Sound Experience offers four theme options for your trip. Each has a specific selection of learning stations and activities that compliment each other to create a cohesive learning experience. In the “Getting to Know your Group” online form, you will choose one of the themes for your program.



1 Emerging Issues in the Salish Sea

Identify major environmental issues of the region and learn how we as a community can have an impact.

Learning Stations:

Plankton, Life Aboard Ship, Marine Debris, Nautical Skills, Ocean Acidification

2 Marine Trades

Learn about the importance of the marine trade industry and its impact in our region.

Learning Stations:

Life Aboard Ship, Marine Debris, Nautical Skills, Ocean Acidification, Mechanical Advantage

3 Marine Ecology

Discover a deeper understanding of the Salish Sea and its inhabitants.

Learning Stations:

Plankton, Marine Life, Life Aboard Ship, Nautical Skills, Ocean Acidification

4 Becoming a Mariner

Explore the many skills required to become a mariner on the Salish Sea

Learning Stations:

Marine Life, Life Aboard Ship, Nautical Skills, Navigation and Mechanical Advantage



CURRICULUM OVERVIEW

Sound Studies programs are designed to educate students about the wonders of Puget Sound and ways they can help protect it. Our innovative, hands-on teaching strategies, conducted under sail on the waters of Puget Sound stimulate students to learn by making science real, accessible, and exciting. The Sound Studies program helps satisfy Next Generation Science Standards and ties to NOAA's Ocean Literacy Principles.

Sound Experience uses a variety of developmentally appropriate strategies to meet the diverse learning needs of our participants. Within an experiential framework, Sound Experience utilizes hands-on learning, critical thinking skills, and large and small group interactions.

During the program, students work cooperatively to set *Adventuress'* sails. Students rotate through five discovery stations that can include Marine Life, Plankton, Ocean Acidification, Nautical Skills, Navigation, Mechanical Advantage and Life Aboard Ship. On most programs, we have a break in the middle of the program for a moment of silence and a musical or dramatic presentation. The following information outlines the combinations of stations you can choose from as well as the goals and activities on which we base our learning stations. This information will assist you in integrating the Sound Studies program into your classroom curriculum.



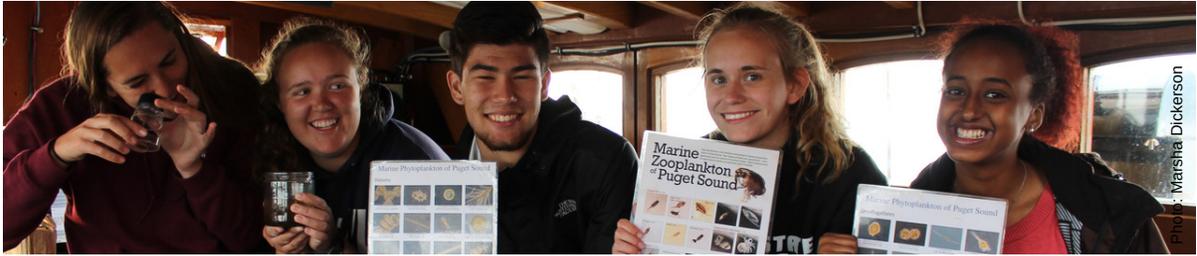
The seven Ocean Literacy principles are woven throughout the stations, as well as concepts including habitat, adaptations, resource management, food chains, cooperation and human impact.



You will be able to choose your curriculum theme and goals when filling out the online “Getting to Know Your Group” form. Additional details can be discussed with the Education Coordinator.



GOALS FOR STUDENT LEARNING & ACTIVITIES



Environmental Understanding

- Identify where their home is in relation to the ship on Puget Sound by using charts and navigation tools.
- Research an aspect of Puget Sound Ecology to present to the group using on-board resources (books, guides, crew interviews, data collection using observation tools)
- Participate in hands-on activities, games, observation and discussions around the topics of: watersheds, ocean/estuarine features, marine foods webs, human impact on the environment, biodiversity, marine animal (mammals, invertebrates, birds) ecology, natural history, climate and habitat.
- Have a positive, direct, and prolonged on-the-water experience sailing aboard Adventuress on Puget Sound.

Leadership

- Come up with a personal or small group project they can present during an evening program based upon some thing they have learned during the trip.
- Identify personal and group learning goals and objectives and actively work toward them.
- Engage in community building activities, including singing, skits, and group presentations.
- Participate in setting sails, taking the helm, and community duties (evening program entertainment)

Stewardship

- Take the time to get to know the members of their Watch and the whole crew and how each contributes to collective goals.
- Monitor the daily use of resources aboard the ship and present them to the group.
- Participate in daily stewardship duties (chores, dishes, meal prep, etc.).
- Learn something of the cultural and maritime history of the area as it relates to natural resources (consumption, trade, transport, conservation, etc.)
- Stand at least one hour of anchor watch.
- Live in close proximity to others.
- Reflect on the needs of others and engage in care of those needs.

Dear Parent/Guardian,

Your child's class will be joining Sound Experience for an exciting, informative and fun learning experience on Puget Sound. Sound Studies programs are marine/environmental educational field trips which involve hands-on exploration of Puget Sound from the deck of a 133-foot sailing vessel.



CELEBRATING 30 YEARS! 1989-2019

Sound Experience shares with you the goal of a safe, enjoyable education experience for your child. Our ship, the historic schooner *Adventuress*, is large, stable and certified by the US Coast Guard to carry passengers. *Adventuress* meets or exceeds all applicable Coast Guard and FCC regulations, is inspected annually for safety by the Coast Guard, and carries all required safety equipment, including life jackets for all participants. Sound Experience crew are fully trained in safety procedures. *Adventuress* carries full liability insurance for all participants while on board the vessel and additionally insures the school as well.

The Program

Before boarding, students will assemble ashore to meet the crew. Students are divided into five small groups, with approximately 5 to 8 students per group. Each group has a designated Sound Experience crew member who will be their teacher and supervisor for the entire program. Before motoring away from the dock, the entire group will receive a safety orientation from the Captain informing them of appropriate behavior, where they may and may not be, safety equipment, etc.

Once the vessel is underway, students may help set up sampling devices, such as a plankton tow. They will be asked to haul on the halyards while singing sea chanteys to help set *Adventuress*' sails. The groups rotate to each learning station, participating in hands-on activities which may include examining marine life, plankton, as well as assisting in steering and navigating the vessel.

What we ask of you:

- Please read, sign, and return the enclosed release form, "Sound Experience Release Agreement"
- Please assist your child in preparing for their trip by reviewing the "What to Wear and Bring" list
- If your child has medications for bee stings, allergies, asthma, etc, please ensure that they bring these with them.

The Sound Studies program is a special opportunity for your child to have an on-the water experience that will help them develop an appreciation and better understanding of the Puget Sound ecosystem, and an enthusiasm for science as a subject area of great importance and fun. All of us at Sound Experience look forward to your child's class joining us.

If you have any concerns or questions, please contact your child's teacher or our office.

Come sailing again!

Sound Experience is a membership supported organization. Members can sail for free on up to four of our Public Sails, bring guests on at a discount, and receive discounts on most of our summer overnight voyages. With your membership dues, you can help us protect Puget Sound through education and preserve our maritime heritage. Memberships help offset program costs, enabling us to offer educational experiences to Puget Sound youth and adults. For more information visit www.soundexp.org.

Sincerely,

Amy Kovacs

Education Director
Sound Experience
(360) 379-0438, ext. 2
amy@soundexp.org



Jenny Smith

Education Coordinator
Sound Experience
(360) 379-0438, ext. 6
jenny@soundexp.org



Dear Group Chaperone,

We are pleased you will be joining Sound Experience for a voyage of discovery on Puget Sound aboard the schooner *Adventuress*. It is our hope to provide an enjoyable, memorable and educational experience for all. Adult chaperones have many options throughout the program. It is our intent to involve you and to help you feel a part of the program, so come prepared to hoist sails and get your feet wet!



The Sound Studies program is presented in a Watch format. Students are typically divided into three smaller watches, each led by two of our crew members. Together the students and crew learn and perform daily ship duties, learn and assist in safely sailing the vessel, become engaged in the environmental education curriculum, and enjoy life aboard the ship.

Ways for you to participate during the program:

- 1 Join a group:** Spend each day with the students as they experience the wonders of Puget Sound. However, we ask that you refrain from answering questions addressed to students.
- 2 Assist with sail handling:** The crew would be glad to share their knowledge of the ship and sailing in exchange for your help in trimming the sails.
- 3 Relax:** Perhaps you would most enjoy a chance to experience the beauty of Puget Sound from your own quiet corner of the ship.

Ways you can be helpful to our staff and your group leader:

- 1 Crowd Control:** There are several times during the program when one person is making a presentation to the entire group. That person would greatly appreciate any assistance you can provide in helping the students around you to stay focused. If a student near you is having trouble paying attention, a tap on the shoulder or a shake of your head would be a big help.
- 2 Role Model:** Listen to the Captain's safety talk and participate in shipboard orientation, making sure what you do follows those guidelines. We realize that you may be familiar with boats and with a different way of doing things, but it really helps to avoid confusion with the students if they see you follow *Adventuress'* guidelines.
- 3 Feedback:** We are very interested in what you think about our program. We would love to hear any thoughts you have about the students' experience, your own experience and any suggestions you may have on how we can make the program better.

We hope that you have an enjoyable experience with us. Our crew looks forward to meeting you on the ship. Please do not hesitate to call if you have any questions or concerns.

Sincerely,

Amy Kovacs

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Jenny Smith

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SOUND EXPERIENCE - Release Agreement

PO Box 1390 · Port Townsend, WA 98368 · (360) 379-0438 · Fax: (360) 379-0439 · programs@soundexp.org

PLEASE PRINT

For DAY TRIPS – Please bring with you to the ship.

For OVERNIGHT TRIPS – Please send to office ONE MONTH prior to voyage.

A separate agreement is required for each minor and adult participant. Agreements for participants under age 18 must be signed by parent or legal guardian.

Name _____ Age (if youth) _____

Group _____ Trip Date _____

Parent/Guardian of Minor _____

Phone Day _____ Evening _____

Address _____ City _____ State _____ Zip _____

Email _____ Sign me up for Sound Experience E-News: Yes No

Emergency Contact _____

Phone Day _____ Evening _____

I am a current member of Sound Experience: Yes No

I would like to receive information about: Educational Programs Corporate Membership

Medical Release

I hereby give permission to the Sound Experience Staff and/or any adult member of the participating group to transport myself/my child to a doctor and/or hospital for treatment. I authorize all medical, surgical, diagnostic and hospital care procedures which may be performed or prescribed for myself/or my child by a licensed physician or hospital, when efforts to contact me are unsuccessful, and when deemed immediately necessary or advisable by the physician to safeguard myself/or my child. I waive my right of informed consent to such treatment. *If, for religious or other reasons, you wish NOT to authorize treatment, please attach a letter of explanation.*

Photo Release

I hereby give permission for Sound Experience Staff and/or any person acting on their behalf to photograph myself/my child and allow Sound Experience to use these pictures as it sees fit. I release all publication rights to said photos. *If, for any reason, you wish NOT to authorize release of photos, please attach a letter of explanation.*

Participation Release

I acknowledge that I have voluntarily chosen and HEREBY GIVE permission for myself/my child to participate in a program conducted by Sound Experience. I hereby certify that I am cognizant of the inherent dangers of sailing and water related activities and I hereby assume such risks. I HEREBY UNDERSTAND AND AGREE that Sound Experience, its owners, directors, officers, operators, agents, employees, instructors, staff and crew together with other unnamed assistants, shall not be held liable in any way for any occurrence in connection with any accident, injury or occurrence to myself or the above named participant in connection with the activities of Sound Experience unless the same is as a result of the negligence on the part of the above referred entities and persons. I further hereby waive and release any claim for personal injury or death against the above referred entities and persons and any and all damages to me, the above named participant, my estate, my family, heirs and assigns. In consideration of myself or the above named participant being allowed to participate in the activities of Sound Experience, I hereby personally assume all risks in connection with said activities, whether foreseeable or unforeseeable and further to save and hold harmless said program, entities and persons from any claim by me, the above named participant, our families, estates, heirs and/or assigns arising out of my or the above named participant's enrollment and participation in this program. I further agree to indemnify Sound Experience for all claims, demands, costs, or judgments arising out of my own acts or omissions arising from by participation. I further state that I am of lawful age and legally competent to sign this affirmation and release; that I understand the terms herein are contractual and not a mere recital; and that I have signed this document as my voluntary act.

I HAVE FULLY INFORMED MYSELF OF THE CONTENT OF THIS AGREEMENT BY READING IT BEFORE SIGNING.

Participant x _____ Date _____

Parent/Guardian of Minor participant _____ Date _____

Natural or Adoptive Parent Legal Guardian



WATCH LIST

Please divide your group evenly into five watch groups. Students will be rotating through the learning stations with their Watches, please be conscious of personality conflicts and other dynamics. Bring this with you the day of your sail.

Watch 1

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Watch 2

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Watch 3

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Watch 4

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Watch 5

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

